# UNLOCKING ALLAH'S SECRETS, HOW REALLY HUMANS CAN DIFFER WHAT IS MY SPIRIT AND WHICH IS MIND, CONSCIOUSNESS AND MEMORY

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## UNLOCKING ALLAH'S SECRETS, HOW REALLY HUMANS CAN DIFFER WHAT IS MY SPIRIT AND WHICH IS MIND, CONSCIOUSNESS AND MEMORY © Consmicht 2022 Abroad Sudirmon\*

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#### **ABSTRACT**

Before I write down the problem of how humans actually can distinguish which is my spirit and which is mind, consciousness and memory, I first ask forgiveness from Allah SWT. Here I try to open the veil that covers the secret of how humans can actually distinguish which is my spirit and which is thought, consciousness and memory, from the point of view of the molecular structure of nucleic acid or deoxyribonucleic acid (DNA).

There are several verses that become Allah's secret unlocking tool about how humans can actually distinguish which is my spirit and which is thought, consciousness and memory, namely the following verses:

"Allah... the light of the skys and the earth... the light upon the light... (An Nuur: 24: 35)

"So when I have perfected the event and have breathed into it my spirit; then you should fall down prostrating to him." (Shaad: 38: 72)

"So when I have perfected the event, and have breathed into it my spirit, then submit to it prostrating yourself (Al Hijr: 15: 29)

"Then He perfected and breathed into it His spirit and He made for you hearing, sight and heart; you are very little grateful. (As Sajdah: 32: 9)

"And if We made the apostle an angel, We would certainly have made him a man and, of course We would have doubted about them what they doubted about themselves (Al An'aam: 6:9)

"And it is not possible for any human being that Allah can speak with him except by means of revelation or behind a veil or by sending a messenger and then it is revealed to him with His permission what He wills. Verily, He is Most High, Most Wise. (Ash Shuura: 42: 51)

"And when My servants ask you about Me, then, that I am near. I grant the supplication of those who pray when they ask Me, then let them fulfill (all My commands) and let them believe in - Me, that they may always be in the truth.(Al Baqarah: 2:186)

"He is the First and the Last, the Outward and the Inward; and He is All-Knowing of all things. (Al Hadid: 57:3)

"And We made a wall before them and behind them a wall, and We covered them so that they could not see." (Yaasiin: 36:9)

"Allah holds the soul when it dies and the soul that has not died in its sleep; so He holds the soul which He has appointed death and He releases another soul until the appointed time. Verily in that are signs of Allah's power for a people who think (Az Zumar: 39: 42)

"And verily We have created man from an essence from clay. (Al Mu'minuun: 23:12)

"He is Allah, Who created all that is on earth for you and He willed the skys, then He made the seven heavens. And He is All-Knowing of all things. (Al Baqarah: 2:29)

"Who has created the seven skys in layers. You do not see in the creation of the Most Gracious God anything that is not balanced. So look again and again, do you see anything that is not balanced? (Al Mulk: 67: 3)

"And they ask you about the spirit. Say: "The spirit belongs to my Lord, and knowledge is not given to you but a little." (Al Israa': 17: 85)

"That is because Allah has made the night into the day and the day into the night and that Allah is All-Hearing, All-Seeing. (Al Hajj: 22:612)

"And the apostles We told you about them before, and the apostles We did not tell you about them. And Allah spoke to Moses directly (An Nisaa ': 4: 164)

"And verily We have created man and know what his heart whispers, and We are nearer to him than his jugular vein." (Qaf: 50:16)

In an effort to open the veil of Allah's secret about how humans can actually distinguish which is my spirit and which is thought, consciousness and memory, I use the basis of deoxyribonucleic acid or deoxyribonucleic acid or the molecular structure of nucleic acids.

#### **HYPOTHESIS**

Here the author proposes a hypothesis that humans can distinguish which is my spirit and which are thoughts, consciousness and memories through hydrogen atoms, oxygen atoms, carbon atoms and nitrogen atoms in the body, seen from the point of view of Deoxyribonucleic acid (DNA).

#### **PHOTON**

Photons are elementary particles of the boson type and carriers of electromagnetic interactions.

#### **QUARK**

If we want to know quarks, then we consider one of the hydrogen atoms that are the building blocks of the human body, animals, plants and fruits as well as inanimate objects. Then we open the body of the hydrogen atom, we will find one electron and one proton nucleus. Then if this proton is split, then we will find two up quarks and one down quark. Where these three quarks are combined with gluons.

#### DEOXYRIBONUCLIC ACID (DNA)

DNA is a repository of genetic information that has a double structure that forms a double helix and contains polynucleotide macromolecules that are arranged repeatedly from nucleotide polymers. This nucleotide consists of folate, a 5-carbon sugar and one of the nitrogenous bases. The nitrogenous bases are Guanine (G), Adenine (A), Cytosine (C) and Thymine (T).

Guanine (G) consists of 5 carbon atoms, 5 nitrogen atoms, 1 oxygen atom and 5 hydrogen atoms. Adenine(A) has 5 carbon atoms, 5 nitrogen atoms and 5 hydrogen atoms. Cytosine (C) contains 4 carbon atoms, 3 nitrogen atoms, 1 oxygen atom and 5 hydrogen atoms. Thymine (T) contains 5 carbon atoms. 2 nitrogen atoms, 2 oxygen atoms and 6 hydrogen atoms. Folate contains 1 phosphorus atom, 4 oxygen atoms and 2 hydrogen atoms. A 5-carbon sugar has 5 carbon atoms, 2 oxygen atoms and 8 hydrogen atoms.

### HOW HUMANS KNEW THAT THERE WAS MY SPIRIT IN THE BODY AND HOW IT WAS CONNECTED WITH MIND, CONSCIOUSNESS AND MEMORY

Now, we are still concentrating on uncovering the secret behind the verse: "... He perfected and breathed into it His spirit and He made for you hearing, sight and heart... (As Sajdah: 32: 9)

It turns out that here Allah has explained to humans with light "... my spirit... (Shaad: 38: 72) Where "... My spirit... (Shaad: 38: 72) is what makes in the human body "...hearing, seeing and heart... (As Sajdah: 32: 9)

Well, "...my spirit...(Shaad: 38:72) is what builds the human body. Or in other words "... my spirit... (Shaad: 38: 72) is the source of human life, which contains hydrogen atoms, oxygen atoms, carbon atoms and nitrogen atoms.

"...My spirit...(Shaad: 38:72) is what builds DNA in the human body. Where the human Deoxyribonucleic acid (DNA) consists of 32.20% carbon atoms, 25.43 % nitrogen atoms, 6.78% oxygen atoms and 35.59% hydrogen atoms.

Now, humans will understand and realize the existence of "... My spirit... (Shaad: 38: 72) is by inhaling and exhaling.

That is, humans by taking a breath, then enter the oxygen atoms into the body through the nose and lungs. Likewise, when humans exhale, they emit carbon atoms along with oxygen atoms which form carbonic acid.

Well, when humans breathe, it proves "...my spirit...(Shaad: 38:72) is in the human body.

Likewise, when humans hear the heartbeat, it proves "...my spirit...(Shaad: 38: 72) is in the human body. Because in the blood there are oxygen atoms, hydrogen atoms, carbon atoms and nitrogen atoms.

Or in other words, "...my spirit...(Shaad: 38:72) exists throughout the human body.

Now, when humans think, it proves that humans live because of "...my spirit...(Shaad: 38:72) which is the source of life for the human body.

Also when humans are telling their life experiences, it proves the memories stored in the hypothalamus.

Likewise, when humans are sitting, standing and walking, it proves that consciousness exists in the human body.

Well, humans think, humans walk, humans tell stories about their life experiences, it's all because of the existence of "...my spirit...(Shaad: 38:72) which is the source of life for the human body. "...I breathed into him my spirit...(Shaad: 38:72)

### HUMANS BY KNOWING, UNDERSTANDING AND REALIZING THAT THERE IS MY SPIRIT IN HIMSELF, THEN HUMANS WILL UNDERSTAND AND REALIZE ABOUT ALLAH AND THE REAL EXISTENCE OF ALLAH

Well, by understanding and realizing that humans are thinking, walking and telling stories about their life experiences, then actually behind it all is because of "...my spirit...(Shaad: 38:72) which Allah breathed"... to him..." (Shaad: 38:72)

"...My spirit...(Shaad: 38:72) exists in the universe and everything in it, including humans.

Without "... my spirit... (Shaad: 38: 72) the universe and all its contents will not be created, including humans.

Or in other words, without oxygen atoms, hydrogen atoms, carbon atoms and nitrogen atoms which are the building blocks of "...my spirit...(Shaad: 38:72), there would be no universe and all its contents, including humans.

#### **CONCLUSION**

From what has been explained above, it can now be concluded that the secret behind the verse: "... He perfected and breathed into it His spirit and He made for you hearing, sight and heart... (As Sajdah: 32: 9)

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