

SEPARATE ALLAH'S SECRETS WHY ALLAH HOLDS
ALLAH'S SPIRIT WHEN MAN IS SLEEPING

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ABSTRACT

First of all, by asking forgiveness from Allah SWT here I try to reveal the signs of Allah SWT about Allah holding Allah's spirit when humans are sleeping based on photons, quarks and the molecular structure of nucleic acids or deoxyribonucleic acid (DNA)

There are several verses that become God's secret unlocking tool about God holding God's spirit while humans are sleeping, namely the following verses:

"Then He perfected and breathed into it His spirit and He made for you hearing, sight and hearts; you are very little grateful. (As Sajdah: 32: 9)

"So when I have perfected the event and have breathed into it my spirit; then you should fall down prostrating to him." (Shaad: 38: 72)

"Allah takes hold of the soul when it dies and the soul that has not died in its sleep; then He holds the soul which He has appointed death and He releases another soul until the appointed time. Verily in that are signs of Allah's power for a people who think. (Az Zumar: 39: 42)

And Maryam, the daughter of Imran, who kept her honor, so We breathed into her womb some of Our souls, and she confirmed the words of her Lord and His Books, and she was one of the obedient. (At Tahrir: 66:12)

"(Remember), when Allah said: "O Isa, verily I will take your life and raise you to Me...(Ali Imran: 3:55)

"And verily We have created man and know what his heart whispers, and We are nearer to him than his jugular vein." (Qaf: 50:16)

In an effort to open the veil of Allah's secret about Allah holding Allah's spirit while humans are sleeping, I use the basis of deoxyribonucleic acid or deoxyribonucleic acid or the molecular structure of nucleic acids.

HYPOTHESIS

Here I propose the hypothesis that Allah holds Allah's spirit when humans are sleeping because when humans sleep, the brain and body recover, heart rate, body temperature, blood pressure and stress hormones decrease from the basic point of Deoxyribonucleic acid (DNA).

DEOXYRIBONUCLEIC ACID (DNA)

DNA is a repository of genetic information that has a double structure that forms a double helix and which contains polynucleotide macromolecules that are arranged repeatedly from nucleotide polymers. This nucleotide is composed of folate, a 5 carbon sugar and one of the nitrogenous bases. The nitrogenous bases are Guanine (G), Adenine(A), Cytocine(C) and Thymine (T).

Guanine (G) is composed of 5 carbon atoms, 5 nitrogen atoms, 1 oxygen atom and 5 hydrogen

atoms. Adenine(A) has 5 carbon atoms, 5 nitrogen atoms and 5 hydrogen atoms. Cytocine (C) contains 4 carbon atoms, 3 nitrogen atoms, 1 oxygen atom and 5 hydrogen atoms. Thymine (T) contains 5 carbon atoms, 2 nitrogen atoms, 2 oxygen atoms and 6 hydrogen atoms. Folate contains 1 phosphorus atom, 4 oxygen atoms and 2 hydrogen atoms. The 5 carbon sugar has 5 carbon atoms, 2 oxygen atoms and 8 hydrogen atoms.

WHEN PEOPLE SLEEP

Now, we are still trying to focus our minds to solve the secret that is hidden behind the verse:
"Allah holds the soul when it dies and the soul that has not died when it sleeps; ... (Az Zumar: 39: 42)

It was revealed, what happens when humans are sleeping?

The answer is

When humans sleep, the brain and body recover, heart rate, body temperature, blood pressure and stress hormones drop.

Or in other words humans are sleeping is the condition of the human body to recover.

Well, after 30 minutes to two hours we sleep, we fall asleep soundly. Where a good night's sleep is most important.

Then we dream, it happens after we sleep well.

This means that after 2 hours we sleep well, then various dreams appear that describe our experiences that have been experienced and have happened. Where the sleep that we dream of is when fast eye movements or rapid eye movements.

Well, this is where, *"...My spirit...(Shaad: 38:72)* comes into play. That is, when we dream, our brain is actively working, metabolism or body chemical reactions, for example, converting nutrients into energy, are higher than when we are sleeping soundly.

ALLAH HOLDS ALLAH'S SPIRIT WHEN HUMANS SLEEP

Well, let's explore the secret in the verse: *"Allah holds the soul when it dies and the soul that has not died in its sleep; then He holds the soul that He has determined death ... (Az Zumar: 39: 42)*

Now it is illustrated by us, where *"...my spirit...(Shaad: 38:72)* is always held by Allah when we are sleeping.

Now, when we are in a dream, the brain is actively working, the metabolism or chemical reactions of the body become high, then Allah decides *"...He endures the soul that He has appointed for death... (Az Zumar: 39: 42)*

This is what is called *"...I will kill you...(Ali 'Imran: 3:55)* or *"...He endures the soul He has decreed for his death...(Az Zumar: 39: 42)*

HUMANS WHEN YOU WANT TO SLEEP SHOULD ALWAYS ASK FOR ALLAH'S PROTECTION AND RIDHA

Now we continue to unravel the secret behind the verse: *"...He holds the soul He has appointed for death and He releases another soul until the appointed time... (Az Zumar: 39: 42)*

Now it is clearly revealed that Allah always holds "*...my spirit...(Shaad: 38:72)* when we are sleeping, that's why when we want to sleep we must always ask for Allah's protection and ridha, because the truth is Allah" *...closer to him than his jugular vein, (Qaf: 50:16)*

CONCLUSION

Based on the description above, we can conclude that the secret that is hidden behind the verse: "*Allah holds the soul when it dies and the soul that has not died when it sleeps; ... (Az Zumar: 39: 42)*

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