UNLOCKING ALLAH'S SECRETS, ALLAH SUBMITTED THE SYMBOL OF FASTING TO MY SPIRIT THAT IS IN EVERY HUMAN BODY TO UNDERSTAND AND REALIZE ABOUT THE TIME WHERE HUMANS CAN MEET, TALK, HEAR FROM AND WITH ALLAH DIRECTLY

Ahmad Sudirman

Stockholm - SWEDEN March,14 2022

#### UNLOCKING ALLAH'S SECRETS, ALLAH SUBMITTED THE SYMBOL OF FASTING TO MY SPIRIT THAT IS IN EVERY HUMAN BODY TO UNDERSTAND AND REALIZE ABOUT THE TIME WHERE HUMANS CAN MEET, TALK, HEAR FROM AND WITH ALLAH DIRECTLY © Copyright 2022 Ahmad Sudirman\* Stockholm - SWEDEN

#### ABSTRACT

First of all, by asking forgiveness from Allah SWT, here I try to open the signs of Allah SWT's greatness regarding Allah conveying the symbol of fasting to my spirit which is in every human body to understand and realize about the time when humans can meet, talk, hear from and with Allah directly, based on the molecular structure of nucleic acids or deoxyribonucleic acid (DNA)

There are several verses that become Allah's secret unlocking tool regarding Allah conveying the symbol of fasting to my spirit which is in every human body to understand and realize the time when humans can meet, talk, hear from and with Allah directly, namely the verses:

"And they ask you about the spirit. Say: "The spirit belongs to the business of my Lord, and knowledge is not given to you but a little." (Al Israa ': 17: 85)

"So he put a veil from them; then We sent Our spirit to him, and he appeared before him a perfect human being. (Maryam: 19:17)

"He said: "Indeed I am only a messenger of your Lord, to give you a pure son." (Maryam: 19: 19)

"Gabriel said: "So it is." Your Lord said: "That thing is easy for Me; and that We may make it a sign for mankind and as a mercy from Us; and it is a matter that has been decided." (Maryam: 19:21)

"Then He perfected and breathed into it His spirit and He made for you hearing, sight and heart; you are very little grateful. (As Sajdah: 32: 9)

"And Mary, who kept her honor, then We breathed into her a spirit from Us, and We made her and her child a great sign to the worlds. (Al Anbiyaa': 21: 91)

"And Mary, the daughter of Imran, who kept her honor, so We breathed into her some of Our spirits, and she confirmed the words of her Lord and His Books, and she was one of the obedient ones. (At Tahrim: 66:12)

"So when I have perfected the event, and have breathed into it my spirit, then submit to it prostrating yourselves (Al Hijr: 15: 29)

"And verily We brought the Book to Moses, and We followed after him with messengers, and We gave evidences of truth to Jesus the son of Mary and We strengthened it with the Holy Spirit. Does every messenger come to you bringing something that not according to your desires and you are arrogant; then you deny some people and kill some people? (Al Baqarah: 2:87)

"And if We made the apostle an angel, We would certainly have made him a man and, of course, We would have doubted about them what they doubted about themselves (Al An'aam: 6:9)

"So when I have perfected the scene and I breathed into him My spirit; then you should fall down prostrating to him." (Shaad: 38:72)

"Angels and spirits ascend to God in a day the measure of which is fifty thousand years (Al Ma'aarij: 70: 4)

"O you who have believed, fasting is prescribed for you as it was prescribed for those before you so that you may become pious." (Al Baqarah: 2:183)

"It is lawful for you on the night of the fasting month to mix with your wives; they are clothes for you, and you are clothes for them. Allah knows that you cannot restrain your lust, so Allah forgives you and forgives you. So now mix them and follow what Allah has ordained for you, and eat and drink until the white thread is clear to you from the black thread, namely dawn. Then complete the fast until night, do not interfere with them, while you are doing i'tikaf in the mosque. That is the prohibition Allah, so do not approach him. Thus Allah explains His verses to people, so that they may become pious. (Al Baqarah: 2: 187)

"So be patient with what they say, and glorify with the praise of your Lord, before the sun rises and before it sets, and glorify at the times of the night and during the day, so that you may be happy." 130)

"And to Him be all praise in the heavens and the earth and when you are in the evening and when you are at the time of Zuhr (Ar Ruum: 30: 18)

"Establish prayer from after the sun has slipped until it is dark at night and at dawn. Verily, the dawn prayer is witnessed. (Al Israa ': 17: 78)

"By the time. (Al Asr: 103: 1) "Verily man is really in loss (Al Asr: 103: 2)

"It is He who makes the night into the day and the day into the night. And He is All-Knower of all the hearts (Al Hadid: 57: 6)

"Indeed, in the creation of the heavens and the earth, the alternation of night and day, the ark that sailed on the sea brought what was useful to mankind, and what Allah sent down from the sky was water, and with it He gave life to the earth after its death and spread it out. on earth all kinds of animals, and the moving of the winds and clouds that are controlled between the heavens and the earth, indeed signs for a people who think (Al Baqarah: 2: 164)

"And verily We have created man and know what his heart whispers, and We are nearer to him than his jugular vein." (Qaf: 50:16)

In an effort to open the veil of Allah's secret about Allah conveying the symbol of fasting to my spirit which is in every human body to understand and realize the time when humans can meet, talk, hear from and with Allah directly, the author uses the basis of deoxyribonucleic acid or deoxyribonucleic acid or structure nucleic acid molecules.

#### HYPOTHESES

Here the author proposes the hypothesis that Allah conveys the symbol of fasting to "...my spirit..." (Shaad: 38: 72) which is in every human body to understand and realize about the time when humans can meet, talk, hear from and with Allah directly, viewed from the basic point of Deoxyribonucleic acid (DNA)

#### **DEOXYRIBONUCLEIC ACID (DNA)**

DNA is a repository of genetic information that has a double structure that forms a double helix and which contains polynucleotide macromolecules that are arranged repeatedly from nucleotide

polymers. This nucleotide is composed of folate, a 5 carbon sugar and one of the nitrogenous bases. The nitrogenous bases are Guanine (G), Adenine (A), Cytocine (C) and Thymine (T).

Guanine (G) is composed of 5 carbon atoms, 5 nitrogen atoms, 1 oxygen atom and 5 hydrogen atoms. Adenine(A) has 5 carbon atoms, 5 nitrogen atoms and 5 hydrogen atoms. Cytocine (C) contains 4 carbon atoms, 3 nitrogen atoms, 1 oxygen atom and 5 hydrogen atoms. Thymine (T) contains 5 carbon atoms, 2 nitrogen atoms, 2 oxygen atoms and 6 hydrogen atoms. Folate contains 1 phosphorus atom, 4 oxygen atoms and 2 hydrogen atoms. The 5-carbon sugar has 5 carbon atoms, 2 oxygen atoms and 8 hydrogen atoms.

# ALLAH SUBMITTED THE SYMBOL OF FASTING TO MY SPIRIT SO HUMANS TO UNDERSTAND AND REALIZE ABOUT ALLAH AND CAN DIRECTLY MEET, SPEAK AND HEAR FROM AND WITH ALLAH

Now, we still continue to focus our minds to reveal the secret hidden behind the verses: "... it is obligatory on you to fast as it was prescribed for those before you so that you may become pious (Al Baqarah: 2: 183) "... eat and drink until it becomes clear to you the white thread from the black thread, that is, the dawn. Then complete the fast until the night ... (Al Baqarah: 2: 187) "By the time. (Al Asr: 103: 1) "Verily man is really in loss (Al Asr: 103: 2)

Apparently, here it is clearly revealed, that actually "...fasting...is obligatory on those before you...(Al Baqarah: 2: 183)

This means that since thousands of years ago Allah has made fasting mandatory for humans.

Now the question arises,

Why does Allah make fasting mandatory for humans?

The answer is

It is hidden in the secret behind the verses: "... I breathed into him my spirit... (Shaad: 38: 72) "By time. (Al Asr: 103: 1) "Indeed, man is truly in loss (Al Asr: 103: 1). Ashr: 103: 2) "...the creation of the heavens and the earth, the alternation of night and day...(Al Baqarah: 2: 164) "...praise your Lord, before the sun rises...before it sets... at night and during the day ... (Thaahaa: 20: 130) "...so that they may become pious. (Al Baqarah: 2: 187)

It turned out that here it was revealed, that by fasting, Allah has conveyed a symbol to "...my spirit... (Shaad: 38:72) which is in every human body, so that humans understand and realize about time and "...the creation of the skys and the earth, the alternation of night and day ... (Al Baqarah: 2: 164) and "...praise your Lord, before the sun rises...before it sets...in the night and during the day...(Thaahaa : 20:130) "...that they may become pious. (Al Baqarah: 2: 187)

Now, Allah gives an image of the symbol of fasting to humans through "...*My spirit..." (Shaad: 38:* 72) i.e. with the earth rotating on its axis and the moon around the earth, and the earth and the moon around the sun "... *in turn night and day ... (Al Baqarah: 2: 164)* 

Well, with the symbol of fasting that connects the time "*By the time. (Al Asr: 103: 1)* with the earth rotating on its axis and the moon around the earth, and the earth and the moon around the sun "...*the alternation of night and day... (Al Baqarah: 2: 164)* so that humans understand and realize the real Allah.

Without understanding and without realizing the real Allah, humans will not come to what Allah has

declared "...that they may become taqwa. (Al Baqarah: 2: 187)

Because of the emergence of "...*taqwa. (Al Baqarah: 2: 187)* is through "... *my spirit..." (Shaad: 38: 72)* which is in the human body. By means of symbols conveyed by Allah to "... *my spirit. .." (Shaad: 38: 72)* and so on are entered into the human mind, then humans understand and realize about the real Allah, then appears "...*taqwa. (Al Baqarah: 2: 187)* the mind of dependence and fear of the real Allah.

Now, with the symbol of fasting, "... my spirit..." (Shaad: 38: 72) interprets that by understanding and realizing time through "... the alternation of night and day... (Al Baqarah: 2: 164), then humans will reach the level of dependence and fear of the real Allah.

So, with humans understanding and realizing time "... *the alternation of night and day... (Al Baqarah: 2: 164)* and dependence and fear of the real Allah, then the human body in which there is "... *my spirit. .." (Shaad: 38:72)* will follow the time.

That is, the time "By the time. (Al Asr: 103: 1) adjusted to the time according to "... the alternation of night and day... (Al Baqarah: 2: 164)

Or in other words, "...eat and drink until it becomes clear to you the white thread from the black thread, which is dawn. Then complete the fast until the night... (Al Baqarah: 2: 187)

So, actually because humans, through "...my spirit..." (Shaad: 38: 72) have understood and realized about time and the real Allah, the human body in which there is "...my spirit..." (Shaad: 38:72) will follow the times. "...eat and drink...until...dawn...complete...fast...until night...(Al Baqarah: 2: 187)

Furthermore, because humans, through "...my spirit..." (Shaad: 38:72) have understood and realized about the real Allah, humans will understand and realize when they meet and speak directly, through "...my spirit..." (Shaad: 38: 72) with Allah and heard directly from Allah because "... I breathed into him My spirit... (Shaad: 38: 72) and "... We are closer to him than his jugular vein., (Qaf: 50:16)

## THE SYMBOL OF FASTING IS TO UNDERSTAND AND REALIZE ABOUT THE TRUE ALLAH AND THE MIND OF DEPENDENCE AND FEAR OF ALLAH

Now, it has been revealed, the secret that is hidden behind the verse: "... it is obligatory on you to fast as it was prescribed for those before you so that you may become taqwa (Al Baqarah: 2: 183)

Namely fasting is a symbol declared by Allah to "...my spirit..." (Shaad: 38: 72) so that humans understand and realize the real time and Allah as well as thoughts of dependence and fear of Allah.

### CONCLUSION

Based on the description above, we can conclude that the secret hidden behind the verses: "... it is obligatory on you to fast as it was prescribed for those before you so that you may become pious (Al Baqarah: 2: 183) "... eat and drink until it becomes clear to you the white thread from the black thread, that is, the dawn. Then complete the fast until the night ... (Al Baqarah: 2: 187) "By the time. (Al Asr: 103: 1) "Verily man is really in loss (Al Asr: 103: 2)

Apparently, here it is clearly revealed, that actually "...fasting...is obligatory on those before you...(Al Baqarah: 2: 183)

This means that since thousands of years ago Allah has made fasting mandatory for humans.

Now the question arises,

Why does Allah make fasting mandatory for humans?

The answer is

It is hidden in the secret behind the verses: "... I breathed into him my spirit... (Shaad: 38: 72) "By time. (Al Asr: 103: 1) "Indeed, man is truly in loss (Al Asr: 103: 1). Ashr: 103: 2) "...the creation of the heavens and the earth, the alternation of night and day...(Al Baqarah: 2: 164) "...praise your Lord, before the sun rises...before it sets... at night and during the day ... (Thaahaa: 20: 130) "...so that they may become pious. (Al Baqarah: 2: 187)

It turned out that here it was revealed, that by fasting, Allah has conveyed a symbol to "...my spirit... (Shaad: 38:72) which is in every human body, so that humans understand and realize about time and "...the creation of the skys and the earth, the alternation of night and day ... (Al Baqarah: 2: 164) and "...praise your Lord, before the sun rises...before it sets...in the night and during the day...(Thaahaa : 20:130) "...that they may become pious. (Al Baqarah: 2: 187)

Now, Allah gives an image of the symbol of fasting to humans through "...My spirit..." (Shaad: 38: 72) i.e. with the earth rotating on its axis and the moon around the earth, and the earth and the moon around the sun "... in turn night and day ... (Al Baqarah: 2: 164)

Well, with the symbol of fasting that connects the time "*By the time. (Al Asr: 103: 1)* with the earth rotating on its axis and the moon around the earth, and the earth and the moon around the sun "...the *alternation of night and day... (Al Baqarah: 2: 164)* so that humans understand and realize the real Allah.

Without understanding and without realizing the real Allah, humans will not come to what Allah has declared "...that they may become taqwa. (Al Baqarah: 2: 187)

Because of the emergence of "...*taqwa. (Al Baqarah: 2: 187)* is through "... *my spirit..." (Shaad: 38: 72)* which is in the human body. By means of symbols conveyed by Allah to "... *my spirit. .." (Shaad: 38: 72)* and so on are entered into the human mind, then humans understand and realize about the real Allah, then appears "...*taqwa. (Al Baqarah: 2: 187)* the mind of dependence and fear of the real Allah.

Now, with the symbol of fasting, "... my spirit..." (Shaad: 38: 72) interprets that by understanding and realizing time through "... the alternation of night and day... (Al Baqarah: 2: 164), then humans will reach the level of dependence and fear of the real Allah.

So, with humans understanding and realizing time "... *the alternation of night and day... (Al Baqarah: 2: 164)* and dependence and fear of the real Allah, then the human body in which there is "... *my spirit. .." (Shaad: 38:72)* will follow the time.

That is, the time "By the time. (Al Asr: 103: 1) adjusted to the time according to "... the alternation of night and day... (Al Baqarah: 2: 164)

Or in other words, "...eat and drink until it becomes clear to you the white thread from the black thread, which is dawn. Then complete the fast until the night... (Al Baqarah: 2: 187)

So, actually because humans, through "...my spirit..." (Shaad: 38: 72) have understood and realized about time and the real Allah, the human body in which there is "...my spirit..." (Shaad: 38:72) will

follow the times. "...eat and drink...until...dawn...complete...fast...until night...(Al Baqarah: 2: 187)

Furthermore, because humans, through "...my spirit..." (Shaad: 38:72) have understood and realized about the real Allah, humans will understand and realize when they meet and speak directly, through "...my spirit..." (Shaad: 38: 72) with Allah and heard directly from Allah because "... I breathed into him My spirit... (Shaad: 38: 72) and "... We are closer to him than his jugular vein., (Qaf: 50:16)

Now, it has been revealed, the secret that is hidden behind the verse: "... it is obligatory on you to fast as it was prescribed for those before you so that you may become taqwa (Al Baqarah: 2: 183)

Namely fasting is a symbol declared by Allah to "...my spirit..." (Shaad: 38: 72) so that humans understand and realize the real time and Allah as well as thoughts of dependence and fear of Allah.

\*Ahmad Sudirman Candidate of Philosophy degree in Psychology Candidate of Philosophy degree in Education Candidate of Philosophy degree in vocational education in The Industrial Programme, Engineering Mechanics

ahmad@ahmadsudirman.se www.ahmadsudirman.se