

UNLOCKING ALLAH'S SECRETS,  
HOW ALLAH ACTUALLY HOLDS MY SPIRIT WHEN  
HUMANS WERE SLEEPING, WHILE HUMANS SLEEP  
ALTERNATIVELY AROUND THE WORLD

Ahmad Sudirman

Stockholm - SWEDEN  
April,6 2022

UNLOCKING ALLAH'S SECRETS,  
HOW ALLAH ACTUALLY HOLDS MY SPIRIT WHEN HUMANS WERE SLEEPING,  
WHILE HUMANS SLEEP ALTERNATIVELY AROUND THE WORLD

© Copyright 2022 Ahmad Sudirman\*  
Stockholm - SWEDEN

**ABSTRACT**

Before I write down the problem of how Allah actually holds my spirit when humans are sleeping, while humans take turns sleeping around the world, I first ask forgiveness from Allah SWT. Here I try to open the veil that covers the secret of how Allah actually holds my spirit when humans are sleeping, while humans are sleeping alternately around the world, from the point of view of the molecular structure of nucleic acid or deoxyribonucleic acid (DNA).

There are several verses that become Allah's secret unlocking tool about how Allah actually holds my spirit when humans are sleeping, while humans sleep alternately throughout the world, namely the following verses:

*"Allah... the light of the skys and the earth... the light upon the light... (An Nuur: 24: 35)*

*"So when I have perfected the event and have breathed into it my spirit; then you should fall down prostrating to him." (Shaad: 38: 72)*

*"So when I have perfected the event, and have breathed into it my spirit, then submit to it prostrating yourself (Al Hijr: 15: 29)*

*"Then He perfected and breathed into it His spirit and He made for you hearing, sight and heart; you are very little grateful. (As Sajdah: 32: 9)*

*"And if We made the apostle an angel, We would certainly have made him a man and, of course We would have doubted about them what they doubted about themselves (Al An'aam: 6:9)*

*"And it is not possible for any human being that Allah can speak with him except by means of revelation or behind a veil or by sending a messenger and then it is revealed to him with His permission what He wills. Verily, He is Most High, Most Wise. (Ash Shuura: 42: 51)*

*"And when My servants ask you about Me, then, that I am near. I grant the supplication of those who pray when they ask Me, then let them fulfill (all My commands) and let them believe in - Me, that they may always be in the truth.(Al Baqarah: 2:186)*

*"He is the First and the Last, the Outward and the Inward; and He is All-Knowing of all things. (Al Hadid: 57:3)*

*"Allah did not create and resurrect you except as one soul. Indeed, Allah is All-Hearing, All-Seeing. (Luqman: 31: 28)*

*"And We made a wall before them and behind them a wall, and We covered them so that they could not see." (Yaasiin: 36:9)*

*"And among His signs is that you see the earth dry and arid, so when We send down water on it, it will surely move and thrive. Indeed, God Who gives life to it, surely can bring back the dead... (Fushshilat: 41: 39)*

*"Allah holds the soul when it dies and the soul that has not died in its sleep; so He holds the soul*

*which He has appointed death and He releases another soul until the appointed time. Verily in that are signs of Allah's power for a people who think (Az Zumar : 39: 42)*

*"And Mary, the daughter of Imran, who kept her honor, so We breathed into her some of Our spirits, and she confirmed the words of her Lord and His Books, and she was one of the obedient ones. (At Tahrir: 66:12)*

*"The angels and Gabriel ascended to God in a day the measure of which was fifty thousand years (Al Ma'aarij: 70:4)*

*"That is, for verily Allah, He is the Truth, and verily He is the One who gives life to all that dies, and verily Allah has power over all things." (Al Hajj: 22:6)*

*"On the day the earth will be replaced with another earth and sky, and they will all gather before the presence of Allah, the One, the All-Mighty (Ibrahim: 14:48)*

*"He arranges affairs from the heavens to the earth, then they ascend to Him in one day whose measure is a thousand years according to your reckoning (As Sajdah: 32: 5)*

*"And verily We have created man and know what his heart whispers, and We are nearer to him than his jugular vein." (Qaf: 50:16)*

In an effort to open the veil of Allah's secret about how Allah actually holds my spirit when humans are sleeping, while humans are sleeping alternately around the world, I use the basis of deoxyribonucleic acid or deoxyribonucleic acid or the molecular structure of nucleic acids.

## **HYPOTHESIS**

Here I put forward the hypothesis that Allah holds "... *My spirit...* (Shaad : 38: 72) when humans are sleeping, from the point of view of Deoxyribonucleic acid (DNA)

## **PHOTON**

Photons are elementary particles of the boson type and carriers of electromagnetic interactions.

## **QUARK**

If we want to know quarks, then we consider one of the hydrogen atoms that are the building blocks of the human body, animals, plants and fruits as well as inanimate objects. Then we open the body of the hydrogen atom, we will find one electron and one proton nucleus. Then if this proton is split, then we will find two up quarks and one down quark. Where these three quarks are combined with gluons.

## **DEOXYRIBONUCLIC ACID (DNA)**

DNA is a repository of genetic information that has a double structure that forms a double helix and contains polynucleotide macromolecules that are arranged repeatedly from nucleotide polymers. This nucleotide consists of folate, a 5-carbon sugar and one of the nitrogenous bases. The nitrogenous bases are Guanine (G), Adenine (A), Cytosine (C) and Thymine (T).

Guanine (G) consists of 5 carbon atoms, 5 nitrogen atoms, 1 oxygen atom and 5 hydrogen atoms. Adenine(A) has 5 carbon atoms, 5 nitrogen atoms and 5 hydrogen atoms. Cytosine (C) contains 4 carbon atoms, 3 nitrogen atoms, 1 oxygen atom and 5 hydrogen atoms. Thymine (T) contains 5 carbon atoms. 2 nitrogen atoms, 2 oxygen atoms and 6 hydrogen atoms. Folate contains 1

phosphorus atom, 4 oxygen atoms and 2 hydrogen atoms. A 5-carbon sugar has 5 carbon atoms, 2 oxygen atoms and 8 hydrogen atoms.

## **BECAUSE MY SPIRIT WAS BLOWN BY ALLAH AND MY SPIRIT CANNOT BE SEPARATED FROM ALLAH, SO EVERY TIME MY SPIRIT IS CONNECTED WITH ALLAH, WHERE ALLAH IS**

Now, we are still concentrating on uncovering the secrets contained behind the verse: *"Allah holds... the soul that has not died in its sleep... (Az Zumar: 39: 42)*

What does Allah actually mean by *"...soul...(Az Zumar: 39: 42)*?

Apparently, what Allah meant by *"...soul...(Az Zumar: 39: 42)* is *"... my spirit... (Shaad: 38: 72)*

So, what is blown by Allah into the human body is *"... My spirit... (Shaad: 38: 72)* and when humans sleep *"Allah holds... (Az Zumar: 39: 42) "... My spirit ... (Shaad: 38: 72)* which is in the human body.

*"... my spirit... (Shaad : 38: 72)* which is the building block of Deoxyribonucleic acid (DNA) is built with hydrogen atoms, oxygen atoms, carbon atoms and nitrogen atoms.

## **MY SPIRIT CONNECTS WITH ALLAH AT ANY TIME WITH WAVE FREQUENCY SPEED OF 365 259.6 KM PER SECOND, NOT JUST WHEN PEOPLE ARE SLEEPING**

Because *"... my spirit... (Shaad: 38: 72)* is directly blown by Allah and becomes a building for Deoxyribonucleic acid (DNA), then whatever happens in the human body *"... my spirit... (Shaad: 38: 72)* inform Allah by using frequency waves with a speed of 365 259.6 km per second *"... a day whose length is a thousand years according to your calculations (As Sajdah: 32: 5)*

So, with the speed of frequency waves with a speed of 365 259.6 km per second faster than the speed of light 299 792, 458 km per second according to human calculations, whenever and wherever humans are sleeping, *"...my spirit... (Shaad: 38: 72)* which is in the human body, continues to keep in touch with Allah.

Allah knows for sure from *"... my spirit... (Shaad: 38: 72)* what is the state and condition of the human body when it is sleeping, if the condition of the human body does not allow it to live much longer, then Allah with the speed of frequency waves 18 262 980 km per second holding back *"... my spirit... (Shaad: 38: 72)* from the human body *"... a day whose levels are fifty thousand years (Al Ma 'arij: 70: 4)*

Now it has been revealed, the secret that is stored in the verse: *"Allah holds the soul when it dies and the soul that has not died when it sleeps... (Az Zumar: 39: 42)*

## **CONCLUSION**

Based on the description above, we can conclude that the secrets contained behind the verse: *"Allah holds... the soul that has not died in its sleep... (Az Zumar: 39: 42)*

What does Allah actually mean by *"...soul...(Az Zumar: 39: 42)*?

Apparently, what Allah meant by *"...soul...(Az Zumar: 39: 42)* is *"... my spirit... (Shaad: 38: 72)*

So, what is blown by Allah into the human body is *"... My spirit... (Shaad: 38: 72)* and when humans sleep *"Allah holds... (Az Zumar: 39: 42) "... My spirit ... (Shaad: 38: 72)* which is in the human body.

*"... my spirit... (Shaad : 38: 72)* which is the building block of Deoxyribonucleic acid (DNA) is built with hydrogen atoms, oxygen atoms, carbon atoms and nitrogen atoms.

Because *"... my spirit... (Shaad: 38: 72)* is directly blown by Allah and becomes a building for Deoxyribonucleic acid (DNA), then whatever happens in the human body *"... my spirit... (Shaad: 38: 72)* inform Allah by using frequency waves with a speed of 365 259.6 km per second *"... a day whose length is a thousand years according to your calculations (As Sajdah: 32: 5)*

So, with the speed of frequency waves with a speed of 365 259.6 km per second faster than the speed of light 299 792, 458 km per second according to human calculations, whenever and wherever humans are sleeping, *"...my spirit... (Shaad: 38: 72)* which is in the human body, continues to keep in touch with Allah.

Allah knows for sure from *"... my spirit... (Shaad: 38: 72)* what is the state and condition of the human body when it is sleeping, if the condition of the human body does not allow it to live much longer, then Allah with the speed of frequency waves 18 262 980 km per second holding back *"... my spirit... (Shaad: 38: 72)* from the human body *"... a day whose levels are fifty thousand years (Al Ma'aarij: 70: 4)*

Now it has been revealed, the secret that is stored in the verse: *"Allah holds the soul when it dies and the soul that has not died when it sleeps... (Az Zumar: 39: 42)*

\*Ahmad Sudirman

Candidate of Philosophy degree in Psychology

Candidate of Philosophy degree in Education

Candidate of Philosophy degree in vocational education in The Industrial Programme,  
Engineering Mechanics

ahmad@ahmadsudirman.se

www.ahmadsudirman.se