

UNLOCKING ALLAH'S SECRETS,
IS IT TRUE THAT SUFISM PEOPLE AIMS
TO CLEANSE THE HEART,
WHAT IS THE HEART ACTUALLY

Ahmad Sudirman

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ABSTRACT

Before the author writes the question of whether it is true, Sufism people aim to clean the heart, what is the heart, first the author asks forgiveness from Allah SWT. Here the author tries to open the veil that covers the secret of whether it is true, Sufism people aim to clean the heart, whether it really is the heart, based on the molecular structure of nucleic acid or deoxyribonucleic acid (DNA).

There are several verses that become Allah's secret unlocking about whether it is true, Sufism people aim to clean the heart, what is the heart, namely the verses:

"So when I have perfected the event and have breathed into it my spirit; then you should fall down prostrating to him." (Shaad: 38: 72)

"So when I have perfected the event, and have breathed My spirit into it, then submit to it prostrating yourselves (Al Hijr: 15:29)

"... Jesus, the son of Mary, is the messenger of Allah and His words which He conveyed to Mary, and a spirit from Him... (An Nisaa ': 4: 171)

"Allah holds the soul when it dies and the soul that has not died in its sleep; so He holds the soul which He has appointed death and He releases another soul until the appointed time. Verily in that are signs of Allah's power for a people who think (Az Zumar : 39: 42)

"Have you not seen that Allah has subjected to you what is in the heavens and what is in the earth and has perfected for you His blessings both outwardly and inwardly. And among mankind there are those who dispute about Allah without knowledge or guidance and without an enlightening Book. (Luqman: 31:20)

"And verily We have created man and know what his heart whispers, and We are nearer to him than his jugular vein." (Qaf: 50:16)

"Those who believe and their hearts find peace in the remembrance of Allah. Remember, it is only in the remembrance of Allah that hearts find peace. (Ar Ra'd: 13:28)

"O you who believe, fulfill the call of Allah and the call of the Apostle when the Messenger calls you to something that gives life to you, know that Allah limits man and his heart and indeed to Him you will be gathered. (Al Anfaal: 8:8) 24)

"Those who remember Allah while standing or sitting or lying down and they think about the creation of the heavens and the earth: "Our Lord, You did not create this in vain, Glory be to You, so protect us from the torment of Hell. (Ali 'Imran: 3:191)

"Then He perfected and breathed into it His spirit and He made for you hearing and sight and hearts; you are very grateful. (As Sajdah: 32: 9)

In an effort to open the veil of Allah's secret about whether it is true, Sufism people aims to cleanse the heart, whether it is actually the heart, the author uses the basis of deoxyribonucleic acid or deoxyribonucleic acid or the molecular structure of nucleic acids.

HYPOTHESIS

Here the author proposes a hypothesis whether it is true, Sufism people aim to clean the heart, what is the heart actually, what is meant by cleansing the heart is cleaning the mind, based on Deoxyribonucleic acid (DNA)

DEOXYRIBONUCLEIC ACID (DNA)

DNA is a repository of genetic information that has a double structure that form a double helix and which contains polynucleotide macromolecules arranged in repeatedly from nucleotide polymers. This nucleotide is composed of folate, a 5-carbon sugar and one of the nitrogenous bases. The nitrogenous bases are Guanine (G), Adenine(A), Cytocine(C) and Thymine (T).

Guanine (G) is composed of 5 carbon atoms, 5 nitrogen atoms, 1 atom oxygen and 5 hydrogen atoms. Adenine(A) has 5 carbon atoms, 5 nitrogen atoms and 5 hydrogen atoms. Cytocine (C) contains 4 carbon atoms, 3 nitrogen atoms, 1 oxygen atom and 5 hydrogen atoms. Thymine (T) contains 5 carbon atoms, 2 nitrogen atoms, 2 oxygen atoms and 6 hydrogen atoms. Folate contains 1 phosphorus atom, 4 oxygen atoms and 2 hydrogen atoms. The 5 carbon sugar has 5 carbon atoms, 2 oxygen atoms and 8 hydrogen atoms.

WHAT REALLY MEANS BY TASAWUF PEOPLE, CLEAN THE HEART, WHAT REALLY IS THE HEART OR QOLBU

Now, we continue to focus our minds on uncovering the secrets of Allah that are hidden behind the verse: *"Those who believe and their hearts find peace in the remembrance of Allah... (Ar Ra'd: 13: 28)"... Allah limits the difference between man and his heart...(Al Anfaal: 8:24)*

It turns out that here Allah has declared that *"...their hearts will find peace in the remembrance of Allah... (Ar Ra'd: 13: 28)*

Now the question arises,

What is the heart or qolbu associated with *"...remembering Allah... (Ar Ra'd: 13: 28) ?*

Well, because the heart or qolbu is associated with *"...remembering Allah... (Ar Ra'd: 13: 28)*, then what is called the heart or qolbu refers to the human mind.

So, actually, when Allah declares *"...their hearts find peace in the remembrance of Allah... (Ar Ra'd: 13:28)* it means their minds *"...in the remembrance of Allah... (Ar Ra'd: 13:28) "...be at peace... (Ar Ra'd: 13:28)*

Why does the heart or qolbu refer to the human mind?

The answer is in the secret behind the verse: *"Those who remember Allah while standing or sitting or lying down and they think about the creation of the heavens and the earth... (Ali 'Imran: 3:191)*

Those who make dhikr or *"...remember Allah while standing or sitting or lying down and they think about the creation of the heavens and the earth... (Ali 'Imran: 3:191)*

Well, here Allah declares, they do dhikr or *"...remember Allah...and they think about the creation of the heavens and the earth...(Ali 'Imran: 3: 191)*

So, here it means that they do dhikr or "*...remember Allah...and...think about the creation of the heavens and the earth... (Ali 'Imran: 3:191)*

Or in other words, they do dhikr or remember by using thoughts about Allah who created "*...the skys and the earth... (Ali 'Imran: 3: 191)*

Mathematically, it can be described as follows: **dhikr = remember = think.**

Now it has been revealed, the secret behind the verse: "*...their hearts find peace in the remembrance of Allah... (Ar Ra'd: 13: 28)* meaning their minds "*...by remembering Allah... (Ar Ra'd : 13:28)* "*...be at peace... (Ar Ra'd: 13:28)*

So, here qolbu or heart refers to the mind.

SUFISM PEOPLE AIM TO CLEAN THE HEART, IT MEANS THAT SUFISM PEOPLE AIM TO CLEAN THE MIND

Now, it is clear, what Sufism people mean by cleaning the heart is actually cleaning the mind.

Now if we examine the physiology of the heart which is defined as the liver which functions as a destroyer of toxins in the blood, produces protein for blood clotting and helps the digestive process through the production of bile. But psychologically the liver has no role whatsoever.

If the heart is physiologically defined as the heart, then it is the heart that can determine the life and death of humans. If the heart is still beating, then the person is still alive. But if the heartbeat has disappeared, then the person is dead.

If the heart is interpreted as conscience, then that means behavior of that person.

Here is the secret behind the verse "*... in fact Allah limits between man and his heart ..." (Al Anfaal: 8: 24)* meaning "*... my spirit... (Shaad: 38: 72)* or "*... Allah's spirit... (Shaad: 38: 72)* which is in the human body.

So, "*... my spirit... (Shaad: 38: 72)* or "*... Allah's spirit... (Shaad: 38: 72)* is the limit with "*...heart... (Al Anfaal : 8:24)* which refers to the human mind.

Because "*...my spirit...(Shaad: 38:72)* or "*...God's spirit...(Shaad: 38:72)* is in contact with the human mind.

CONCLUSION

Based on the description above, we can conclude that the secrets of Allah that are hidden behind the verse: "*Those who believe and their hearts find peace in the remembrance of Allah... (Ar Ra'd: 13: 28)*" "*... Allah limits the difference between man and his heart...(Al Anfaal: 8:24)*

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*Ahmad Sudirman

Candidate of Philosophy degree in Psychology

Candidate of Philosophy degree in Education

Candidate of Philosophy degree in vocational education in The Industrial Programme,
Engineering Mechanics

ahmad@ahmadsudirman.se

www.ahmadsudirman.se