

UNLOCKING ALLAH'S SECRETS,
SLEEP IS NOT DEATH, BUT ALLAH'S SPIRIT IS
IN THE HUMAN BODY THAT IS SLEEPING
WHICH CONTINUES TO CONTROL
UNDER ALLAH'S COMMAND

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ABSTRACT

Before the author writes about sleep is not death, but Allah's spirit is in the human body that is sleeping which continues to control under Allah's command, first the author asks forgiveness from Allah SWT. Here the author tries to open the veil that covers the secret about sleep is not death, but Allah's spirit is in the human body that is sleeping which continues to control under Allah's command, based on deoxyribonucleic acid (DNA).

There are several verses that reveal Allah's secret about sleep is not death, but Allah's spirit is in the human body that is sleeping which continues to control under Allah's command, namely the following verses:

"So when I have perfected the event of Adam and have breathed into Adam my spirit, then you should fall down prostrating to him." (Shaad: 38: 72).

"Allah holds the souls when human die and the souls that human have not yet died in his sleep, He holds the souls that He has determined human to die and He releases the souls of other human until the appointed time. Indeed, in this there are signs of Allah's power for a people who think. (Az Zumar : 39: 42).

"When Allah said: "O Isa, verily I will take your life and raise you to Me...(Ali 'Imran: 3:55)

In an effort to open the veil of Allah's secret about sleep is not death, but Allah's spirit is in the human body that is sleeping which continues to control under Allah's command, I use the basis of deoxyribonucleic acid.

HYPOTHESIS

Here I propose the hypothesis sleep is not death, but Allah's spirit is in the human body that is sleeping which continues to control under Allah's command, based on Deoxyribonucleic acid (DNA).

PHOTON

Photons are elementary particles of the boson type and carriers of electromagnetic interactions.

QUARKS

If we want to know quarks then we pay attention to one of the hydrogen atoms which is a building element of the human body, animals, plants and fruit as well as inanimate objects. Then we open the body of the hydrogen atom, we will find one electron and one proton nucleus. Next, if this proton is split, we will find two up quarks and one down quark. Where these three quarks are combined with a gluon.

DEOXYRIBONUCLEIC ACID (DNA)

DNA is a repository of genetic information that has a double structure that forms a double helix and which contains polynucleotide macromolecules that are arranged repeatedly from nucleotide polymers. This nucleotide is composed of folate, a 5 carbon sugar and one of the nitrogenous bases. The nitrogenous bases are Guanine (G), Adenine(A), Cytocine(C) and Thymine (T).

Guanine (G) is composed of 5 carbon atoms, 5 nitrogen atoms, 1 oxygen atom and 5 hydrogen atoms. Adenine(A) has 5 carbon atoms, 5 nitrogen atoms and 5 hydrogen atoms. Cytocine (C) contains 4 carbon atoms, 3 nitrogen atoms, 1 oxygen atom and 5 hydrogen atoms. Thymine (T) contains 5 carbon atoms, 2 nitrogen atoms, 2 oxygen atoms and 6 hydrogen atoms. Folate contains 1 phosphorus atom, 4 oxygen atoms and 2 hydrogen atoms. The 5 carbon sugar has 5 carbon atoms, 2 oxygen atoms and 8 hydrogen atoms.

Based on human deoxyribonucleic acid (DNA), it consists of 32.20% carbon atoms, 25.43% nitrogen atoms, 6.78% oxygen atoms and 35.59% hydrogen atoms.

SLEEP IS NOT DEATH, BUT ALLAH'S SPIRIT IS IN THE HUMAN BODY THAT IS SLEEPING WHICH CONTINUES TO CONTROL UNDER ALLAH'S COMMAND

Now, we are still trying to focus our minds to solve the secret hidden behind the verse: *"Allah holds the souls when human die and the souls that human have not yet died in his sleep... (Az Zumar: 39: 42).*

It turns out that it has been revealed, what happens when human is sleeping?

The answer is

"...soul... (Az Zumar: 39: 42) refers to *"...My spirit... (Shaad: 38: 72)* or *"...Allah's spirit...(Shaad: 38: 72)* which is built with hydrogen atoms, carbon atoms, nitrogen atoms, oxygen atoms.

Now when human sleep, the brain and body recover, the heart rate, body temperature, blood pressure and stress hormones decrease.

Or in other words, human is sleeping is a condition where the human body recovers.

Now, after 30 minutes to two hours of sleep, human falls into a deep sleep. Where this deep sleep is the most important.

Then human dream, that happens after human sleep deeply.

This means that after 2 hours of deep sleep, various dreams appear that describe human experiences that have been experienced and have occurred. Where the sleep that humans dream is when the eye movement is rapid or rapid eye movement.

Well here, *"...My spirit... (Shaad: 38: 72)* or *"...Allah's spirit...(Shaad: 38: 72)* plays a role. That is when human dream, the human brain is actively working, metabolism or chemical reactions of the body, for example, converting nutrients into energy, are higher than when human is in deep sleep.

The spirit of Allah that is in the body of a sleeping human continues to control under the command of Allah *"Allah holds the souls when human die and the souls that human have not yet died in his sleep, He holds the souls that He has determined human to die...(Az Zumar: 39: 42).*

Well it turns out that "*...My spirit... (Shaad: 38: 72)* or "*...Allah's spirit...(Shaad: 38: 72)* continues to control under the command of Allah when humans are sleeping.

Now, when humans are in a dream, the brain is actively working, metabolism or chemical reactions of the body become high, then Allah decides "*...He holds the souls that He has determined human to die...(Az Zumar: 39: 42).*

This means, if the condition of the human body can no longer survive long to live, then through "*...My spirit... (Shaad: 38: 72)* or "*...Allah's spirit...(Shaad: 38: 72)* stops oxygen atoms from entering the lungs. In just a few seconds humans die.

This is what is called "*...I will take your life...(Ali 'Imran: 3: 55)* or "*...He holds the souls that He has determined human to die...(Az Zumar: 39: 42).*

So, sleep is not death, but human sleep, the brain and body recover, heart rate, body temperature, blood pressure and stress hormones decrease.

Or in other words, human is sleeping, making the condition of the human body recover.

As for human dying, because the condition of the human body can no longer survive long to live, then through "*...My spirit... (Shaad: 38: 72)* or "*...Allah's spirit...(Shaad: 38: 72)* stops oxygen atoms from entering the lungs.

So actually, if there are most Muslims who assume that when human is sleeping it is the same as human dying temporarily, with the reason "*Allah holds the souls...that human have not yet died in his sleep...(Az Zumar: 39: 42)*, then that assumption is not true.

Because "*...My spirit... (Shaad: 38: 72)* or "*...Allah's spirit...(Shaad: 38: 72)* is still in the human body.

Human die if "*...My spirit... (Shaad: 38: 72)* or "*...Allah's spirit...(Shaad: 38: 72)* leaves the human body forever.

CONCLUSION

Based on the description above, we can conclude that the secret hidden behind the verse: "*Allah holds the souls when human die and the souls that human have not yet died in his sleep... (Az Zumar: 39: 42).*

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