

UNLOCKING ALLAH'S SECRETS,
WHAT REALLY MEANS BY SUFISM PEOPLE
TO CLEAN THE HEART

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ABSTRACT

Before I write down the problem, what does Sufism mean by cleansing the heart, I first ask forgiveness from Allah SWT. Here I try to open the veil that covers the secret, what is actually meant by Sufism people to cleanse the heart, from the point of view of the molecular structure of nucleic acid or deoxyribonucleic acid (DNA).

There are several verses that become Allah's secret unlocking tool about what Sufism actually means to cleanse the heart, namely the following verses:

"So when I have perfected the event and have breathed into it my spirit; then you should fall down prostrating to him." (Shaad: 38: 72)

"So when I have perfected the event, and have blown My spirit into it, then submit to it prostrating yourself (Al Hijr: 15: 29)

"...Isa, the son of Mary, is the messenger of Allah and His words which He conveyed to Mary, and a spirit from Him... (An Nisaa ': 4: 171)

"Allah holds the soul when it dies and the soul that has not died in its sleep; so He holds the soul which He has appointed death and He releases another soul until the appointed time. Verily in that are signs of Allah's power for a people who think (Az Zumar : 39: 42)

"Have you not seen that Allah has subjected to you what is in the heavens and what is in the earth and has perfected for you His favors outwardly and inwardly. And among mankind there are those who dispute about Allah without knowledge or guidance and without an enlightening Book. (Luqman: 31:20)

"And verily We have created man and know what his heart whispers, and We are nearer to him than his jugular vein." (Qaf: 50:16)

"Those who believe and their hearts find peace in the remembrance of Allah. Remember, it is only in the remembrance of Allah that hearts find peace. (Ar Ra'd: 13:28)

"Then He perfected and breathed into it His spirit and He made for you hearing and sight and hearts; you are very grateful. (As Sajdah: 32: 9)

In an effort to open the veil of Allah's secret about what Sufism actually means to cleanse the heart, I use the basis of deoxyribonucleic acid or deoxyribonucleic acid or the molecular structure of nucleic acids.

HYPOTHESIS

Here I propose a hypothesis that purging the heart is cleaning the mind, seen from the basic point of Deoxyribonucleic acid (DNA)

DEOXYRIBONUCLEIC ACID (DNA)

DNA is a repository of genetic information that has a double structure that form a double helix and which contains polynucleotide macromolecules arranged in repeatedly from nucleotide polymers. This nucleotide is composed of folate, a 5-carbon sugar and one of the nitrogenous bases. The nitrogenous bases are Guanine (G), Adenine(A), Cytocine(C) and Thymine (T).

Guanine (G) is composed of 5 carbon atoms, 5 nitrogen atoms, 1 atom oxygen and 5 hydrogen atoms. Adenine(A) has 5 carbon atoms, 5 nitrogen atoms and 5 hydrogen atoms. Cytocine (C) contains 4 carbon atoms, 3 nitrogen atoms, 1 oxygen atom and 5 hydrogen atoms. Thymine (T) contains 5 carbon atoms, 2 nitrogen atoms, 2 oxygen atoms and 6 hydrogen atoms. Folate contains 1 phosphorus atom, 4 oxygen atoms and 2 hydrogen atoms. The 5-carbon sugar has 5 carbon atoms, 2 oxygen atoms and 8 hydrogen atoms.

WHAT ACTUALLY MEANS WITH HEART ACCORDING TO TASAWUF PEOPLE

Now, we continue to focus our minds on revealing the secret of Allah that is hidden behind the verse: *"Those who believe and their hearts find peace in the remembrance of Allah... (Ar Ra'd: 13: 28)*

It turns out that here Allah has stated clearly that *"...their hearts find peace in the remembrance of Allah... (Ar Ra'd: 13: 28)*

That is, Allah declared the heart associated with *"...remembering Allah... (Ar Ra'd: 13: 28)*

Because what is meant by the heart is the human mind, *"...with the remembrance of Allah... (Ar Ra'd: 13: 28)* means that humans use their minds.

Now the question is

Why did Allah declare *"...their hearts will find peace in the remembrance of Allah... (Ar Ra'd: 13: 28) ?*

The answer is

It is hidden in a secret behind the verse: *"...Indeed in that are the signs of Allah's power for a people who think. (Az Zumar: 39: 42)*

The meaning here is *"...for people who think. (Az Zumar: 39: 42)* namely humans who use their minds.

So, what is really meant is not the heart, but the human mind. Because the heart has no function related to peace, pleasure, happiness, sadness, disappointment. Humans feel peaceful, happy, happy, sad, disappointed because of the interpretation and answers of the human brain for all events and experiences that come and enter the human brain.

Or in other words, humans feel peaceful, happy, sad, disappointed because of the interpretation of *"...my spirit... (Shaad: 38: 72)* for all events and experiences that come and enter the human brain.

So, actually Allah declared *"...their hearts will find peace in the remembrance of Allah... (Ar Ra'd: 13:28)* is that the human mind will be at peace by thinking of Allah.

HEART IS A SYMBOL OF MIND

Now, it is Allah's energy that gives birth to "*...My spirit...(Shaad : 38:72)* then "*...My spirit...(Shaad : 38:72)* which interprets all symbols, events and experiences that come and go into the human brain.

"... my spirit... (Shaad: 38: 72) which tells us that humans feel peaceful, happy, happy, sad, disappointed.

So, actually, the heart is a symbol of the mind.

CONCLUSION

Based on the description above, we can conclude that the secret of Allah that is hidden behind the verse: "*Those who believe and their hearts find peace in the remembrance of Allah... (Ar Ra'd: 13: 28)*

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